# Leading yourself



### The Wheel of Talents and the Inner Circle Structure

## Workshop on 12-14 September 2012

- Are you happy with your achievements at work and in your private life?
- Do you want more? From yourself and from cooperating with others?

## This workshop will help you improve yourself, both as a person and as a leader.

On a **personal** level you will learn to:

- identify your talents, needs and values and use them with more confidence in daily life,
- understand and use the power of your personality to succeed at your projects,
- have a positive influence on your environment, at home and at work,
- solve conflict and differences that emerge in your social life and at work, and to
- find a life project that encapsulates all your other projects.

#### On an organizational level you will learn to:

- improve communication between colleagues and team members,
- create truly effective teams,
- develop leadership skills of your staff and management,
- lift the quality of your recruitment process,
- coach team members, and to
- align your personal development with the needs of the organization.

#### **Tackle your boundaries**

Unproductive processes within yourself can frustrate your own functioning and cooperation with others. You waste energy and create more costs than necessary. Goals are not achieved or at a great expense of time or energy. Much of your potential is left unexploited or inefficiently used.

#### **Leading yourself and others**

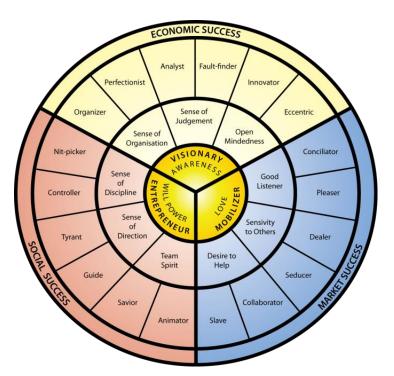
You will learn to lead your own development while making better use of your talents and avoiding pitfalls. For this you will learn to develop and steer your personal (inner) 'sociocratic' structure. This structure also helps you better internalize sociocratic principles, e.g. consent decision-making. Combined with the diagnostic power of the Wheel of Talents you will get a more profound understanding of your inner dynamics and learn to steer these with more ease.

By learning more about the dynamics within yourself you will better understand what happens in and between others. The Wheel of Talents and the inner circle structure will help you develop the potential of your staff and family members and their ability to solve problems collaboratively.

#### Make a better use of your qualities

This workshop provides you with better knowledge of yourself: your personal qualities and how to use them effectively in the cooperation with others.

You will do a personal test which will provide you with a picture of both your talents and your shortfalls. We use the Wheel of Talents, an instrument to discover and to develop your own talents and those of others.



#### For whom?

Anyone eager to realize their aims in life, private or professional, by better using their talents. The workshop is for those wanting to improve their leadership skills, leading themselves & others.

The workshop also offers excellent tools for those who want to deepen their internalization of sociocracy as a way of dealing with the dynamics of life or those that help others do so, such as sociocratic trainers and consultants (though knowledge of sociocracy, a method for organization and cooperation, is *not* required).

#### In cooperation with Gilles Charest

This workshop is organized in cooperation with Gilles Charest, an experienced sociocratic consultant and expert in organizational psychology from Canada. He developed the Wheel of Talents and is the founder of The International School for Leaders. In thirty years of practice he has coached hundreds of people towards more effective leadership, of themselves and others.

### Improve your cooperation

In this workshop you will get acquainted with 'sociocratic' tools to improve yourself and your cooperation with others through a smarter and more respectful use of talents.

"Through this workshop I can better handle my inner tensions. I succeed in staying in touch where in the past I either fought or fled." (P.D., Teamleader)

### Date, costs and registration

#### 12 - 14 September 2012 in Rotterdam, Holland.

Business participants pay € 900.-

Participants with personal interest pay € 600.-

The amount is exclusive of VAT, but inclusive material and lunch. Please arrange accommodation yourself. The workshop is both in Dutch and English.

Registration at info@sociocratie.nl or +31-10-452.32.89